Fox Insight Cohort: ALL

Participant facing title: Life Satisfaction in People with and without PD

The instruments used in this survey were adapted for Fox Insight from the following sources:

Satisfaction with Life Survey (Q1-5) should have the following citation if utilized:

> Diener, E., Emmons, R. A., Larsen, R. J., & Griffin, S. (1985). The Satisfaction With Life Scale. *Journal of Personality Assessment, 49*(1), 71–75.

Life Orientation Test – Revised (Q1-10) should have the following citation if utilized:

> Scheier, M. F., Carver, C. S., & Bridges, M. W. (1994). Distinguishing optimism from neuroticism (and trait anxiety, self-mastery, and self-esteem): A reevaluation of the Life Orientation Test. Journal of Personality and Social Psychology, 67(6), 1063-1078.
>
> *This survey includes filler items in which answer choices are coded 90-94 instead of 0-4 to indicate they should be excluded in analyses. The filler items are: 2 (LifeSatLOTRelax), 5 (LifeSatLOTFriends), 6 (LifeSatLOTKeepBusy), and 8 (LifeSatLOTUpset).*

Life Satisfaction Questionnaire (Q1-11) should have the following citation if utilized:

> Fugl-Meyer, A. R., Melin, R., & Fugl-Meyer, K. S. (2002). Life satisfaction in 18- to 64-year-old Swedes: in relation to gender, age, partner and immigrant status. *Journal of rehabilitation medicine*, *34*(5), 239–246.

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The following surveys explore life satisfaction in people with and without PD. Your responses will help us better understand whether life satisfaction offers important insights beyond traditional health measures.

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Satisfaction with Life Scale (SWLS)

The following survey consists of five statements that you may agree or disagree with. Please be open and honest in your responding.

Multiple choice, single answer

1. In most ways my life is close to my ideal.
    a. Strongly agree
    b. Agree
    c. Slightly agree
    d. Neither agree nor disagree
    e. Slightly disagree
    f. Disagree
    g. Strongly disagree

Multiple choice, single answer

2. The conditions of my life are excellent.
    a. Strongly agree
    b. Agree
    c. Slightly agree
    d. Neither agree nor disagree
    e. Slightly disagree

f. Disagree

g. Strongly disagree

Multiple choice, single answer

3. I am satisfied with my life.

    a. Strongly agree

    b. Agree

    c. Slightly agree

    d. Neither agree nor disagree

    e. Slightly disagree

    f. Disagree

    g. Strongly disagree

Multiple choice, single answer

4. So far I have gotten the important things I want in life.

    a. Strongly agree

    b. Agree

    c. Slightly agree

    d. Neither agree nor disagree

    e. Slightly disagree

    f. Disagree

    g. Strongly disagree

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Multiple choice, single answer

5. If I could live my life over, I would change almost nothing.
    a. Strongly agree
    b. Agree
    c. Slightly agree
    d. Neither agree nor disagree
    e. Slightly disagree
    f. Disagree
    g. Strongly disagree

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Life Orientation Test – Revised (LOT-R)

The LOT-R was developed to assess individual differences in generalized optimism versus pessimism. Please be as honest and accurate as you can throughout. Try not to let your response to one statement influence your responses to other statements. There are no "correct" or "incorrect" answers. Answer according to your own feelings, rather than how you think "most people" would answer.

Note (internal, from the author): Items 2, 5, 6, and 8 are fillers. Responses to "scored" items are coded so that high values imply optimism.

Multiple choice, single answer

1. In uncertain times, I usually expect the best.
    a. I agree a lot
    b. I agree a little
    c. I neither agree nor disagree
    d. I disagree a little
    e. I disagree a lot

Multiple choice, single answer

2. It’s easy for me to relax.
    a. I agree a lot
    b. I agree a little
    c. I neither agree nor disagree

d. I disagree a little

e. I disagree a lot

Multiple choice, single answer

3. If something can go wrong for me, it will.

    a. I agree a lot

    b. I agree a little

    c. I neither agree nor disagree

    d. I disagree a little

    e. I disagree a lot

Multiple choice, single answer

4. I'm always optimistic about my future.

    a. I agree a lot

    b. I agree a little

    c. I neither agree nor disagree

    d. I disagree a little

    e. I disagree a lot

Multiple choice, single answer

5. I enjoy my friends a lot.

    a. I agree a lot

b. I agree a little

c. I neither agree nor disagree

d. I disagree a little

e. I disagree a lot

Multiple choice, single answer

6. It's important for me to keep busy.

    a. I agree a lot

    b. I agree a little

    c. I neither agree nor disagree

    d. I disagree a little

    e. I disagree a lot

Multiple choice, single answer

7. I hardly ever expect things to go my way.

    a. I agree a lot

    b. I agree a little

    c. I neither agree nor disagree

    d. I disagree a little

    e. I disagree a lot

Multiple choice, single answer

8. I don't get upset too easily.
    a. I agree a lot
    b. I agree a little
    c. I neither agree nor disagree
    d. I disagree a little
    e. I disagree a lot

Multiple choice, single answer

9. I rarely count on good things happening to me.
    a. I agree a lot
    b. I agree a little
    c. I neither agree nor disagree
    d. I disagree a little
    e. I disagree a lot

Multiple choice, single answer

10. Overall, I expect more good things to happen to me than bad.
    a. I agree a lot
    b. I agree a little
    c. I neither agree nor disagree
    d. I disagree a little
    e. I disagree a lot

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Life Satisfaction Questionnaire (LiSat-11)

How satisfactory are these different aspects of your life? Indicate the answer which best suits your situation for each of these statements.

Multiple choice, single answer

1. Life as a whole is
    a. Very dissatisfying
    b. Dissatisfying
    c. Rather dissatisfying
    d. Rather satisfying
    e. Satisfying
    f. Very satisfying

Multiple choice, single answer

2. My vocational situation is
    a. Very dissatisfying
    b. Dissatisfying
    c. Rather dissatisfying
    d. Rather satisfying
    e. Satisfying
    f. Very satisfying

Multiple choice, single answer

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3. My financial situation is
    a. Very dissatisfying
    b. Dissatisfying
    c. Rather dissatisfying
    d. Rather satisfying
    e. Satisfying
    f. Very satisfying

Multiple choice, single answer

4. My leisure situation is
    a. Very dissatisfying
    b. Dissatisfying
    c. Rather dissatisfying
    d. Rather satisfying
    e. Satisfying
    f. Very satisfying

Multiple choice, single answer

5. My contacts with friends and acquaintances are
    a. Very dissatisfying
    b. Dissatisfying
    c. Rather dissatisfying

d. Rather satisfying
e. Satisfying
f. Very satisfying

Multiple choice, single answer

6. My sexual life is
    a. Very dissatisfying
    b. Dissatisfying
    c. Rather dissatisfying
    d. Rather satisfying
    e. Satisfying
    f. Very satisfying

Multiple choice, single answer

7. My ability to manage my self-care (dressing, hygiene, transfers, etc.) is
    a. Very dissatisfying
    b. Dissatisfying
    c. Rather dissatisfying
    d. Rather satisfying
    e. Satisfying
    f. Very satisfying

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Multiple choice, single answer

8. My family life is
    a. Very dissatisfying
    b. Dissatisfying
    c. Rather dissatisfying
    d. Rather satisfying
    e. Satisfying
    f. Very satisfying
    g. I have no family

Multiple choice, single answer

9. My partnership relation is
    a. Very dissatisfying
    b. Dissatisfying
    c. Rather dissatisfying
    d. Rather satisfying
    e. Satisfying
    f. Very satisfying
    g. I have no steady partner relationship

Multiple choice, single answer

10. My physical health is

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a. Very dissatisfying
b. Dissatisfying
c. Rather dissatisfying
d. Rather satisfying
e. Satisfying
f. Very satisfying

Multiple choice, single answer

11. My psychological health is

a. Very dissatisfying
b. Dissatisfying
c. Rather dissatisfying
d. Rather satisfying
e. Satisfying
f. Very satisfying

End of Survey Thank You

Thank you for your participation in this survey. The information you provided will help us learn more about life satisfaction and its importance in evaluating treatments for PD. Please click on the next arrow below (>>) to submit your responses and be redirected to the Fox Insight website.

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